West Florida High School of Advanced Technology

2024 Youth Summer Volleyball Camp



Skills Camp July 8-11 9:00 a.m.-12:00 p.m.

WEST FLORIDA HIGH SCHOOL OF ADVANCED TECHNOLOGY

150 East Burgess Road Pensacola, Florida 32503 Contact: David Bryant Head Volleyball Coach dbryant@ecsdfl.us

About the Camp

This camp offers participants an opportunity for individual skills and team skills improvement. Individual skills taught will include passing, setting, hitting, serving, blocking, and digging. Team skills will include serve reception, offense, defense, and attack coverage. There will be individual drills, group drills, games, small group, and full court lead up competitions.

Each participant will be evaluated and placed into appropriate skill level divisions based on their experience and level of play. The camp will be beneficial to all participants from novice to expert players.

This camp will focus on fundamental volleyball skills taught in a fun and safe environment. Our goal is to improve each participant with an increase of volleyball knowledge and an increased confidence in their playing ability.

To maintain an optimal instructor-tocamper ratio, the camp will be limited to the first 36 registrants.

Additional Information

AGE: Participants must be entering the 6th to 9th grades in the fall of 2024

<u>STAFF:</u> The camp's staff will include the West Florida High School volleyball program coaching staff, and current and former West Florida High School volleyball players.

<u>COST</u>: The cost of the skills camp is \$125.00 for four days and includes a camp t-shirt. Camp fees are nonrefundable!

<u>TIME:</u> Skills camp 9:00 a.m. - 12:00 noon.

WHAT TO BRING: Water bottle (plastic with a lid), small towel. Knee pads are optional but recommended.

FOOD: Please bring your own snacks. Water and ice will be available.

<u>FIRST AID</u>: Basic first aid will be available by our camp staff.

OTHER: Please notify the camp staff regarding special health issues or concerns.

DEADLINE: Registration closes Friday, June 21, 2024. Any available spaces will be filled the first day of the camp on a first come, first served basis.

IMPORTANT

Campers must return a notarized release form with registration payment.

Camper's Name

Grade in 2024-2025 school year

School attending in the 2024-2025 school year

Home Address

City/State/Zip Code

Emergency Contact (Parent/Guardian Name)

Home Phone

Cell Number

T-Shirt Size (circle one):

AS AM AL AXL

PLEASE MAKE CHECKS PAYABLE TO: West Florida High School Volleyball

\$125 for the Skills Camp

Camp fees are not refundable

Detach this section and mail with camp payment & Consent/Release form